

“We have been having trouble with our son (3 years old) for some time. His behaviour has become more challenging and more defiant. Everybody seemed to offer guesses of what they thought was wrong, but nobody was offering definite solutions.

Even in week one of lockdown, we noticed a worsening of his behaviour, he was having more meltdowns and was more heavy-handed with his siblings, throwing things at them. He needs to be constantly stimulated, but, in a lock down situation, we have been unable to offer the variety of stimulation he was used to at school.

bibic’s digital assessment was very much needed by us. Even though it was remote, we did not feel any less engaged and it did not change the quality of the experience. We were still able to communicate our concerns.

Carrying out the developmental tests and screeners was surprisingly easy. At the end of two day, Chelsey, our bibic therapist, was able to pinpoint what the issues were for our son, which are primarily problems with his sensory and verbal reasoning, and, more importantly, to give us solutions.

The next day we received an email of handouts packed full of over 30 strategies and exercises that we could use with him to help resolve and change his behaviour. We have also been given a link to a range of videos showing how to carry out some of the strategies.

Each strategy and technique involves tasks that we can easily do at home with the materials we have on hand. We are going to particularly enjoy creating the sensory obstacle course for him as this will also keep his siblings occupied and help them release some energy as well.

Being parents, in a lock down situation, having to adjust to remote working as well as managing and keeping three children under three years old entertained, one with behavioural challenges, has been stressful and has added greater pressure to family life. Knowing that we have a way forward with our son, plus Chelsey at the end of the phone if we need her, is a huge relief. We found bibic just at the right time.”