



Milo is 10 years old and is diagnosed with ADHD; he lives in Somerset with his mother, father and two siblings. Milo's mother came to the assessment with concerns about Milo's ability to socialise, manage his emotions and control his anger. Milo visited our national assessment centre in December with his mother and Grandmother. The whole family just wanted support to allow Milo to be happier and reach his full potential.

Milo struggles to regulate his emotions affectively and as a result he gets frustrated easily and this can cause meltdowns. He has recently become quite in tune with his emotions and is able to explain them but cannot control them. Milo's dad highlighted that he has noticed

that Milo has begun to set reminders on his Alexa for it to remind him every morning to 'be good'.

When I assessed Milo, he interacted really well with the testing process and was motivated to do the best he could and achieved all that was asked of him. Milo's underlying ability is high showing that he is a very capable young boy, but his processing is slow, as you can imagine this is very frustrating for him to be assumed to not know the answer when it may just be taking him time to take in the information given to him. It was clear to see during the day of assessments Milo's sensory seeking behaviours escalated and by the end of the day he was choosing to stand to answer questions or would be bouncing vigorously on the physio ball chair. Milo is an intelligent boy whose difficulties are affecting his ability to be happy and achieve the best he can, the strategies that were suggested were agreed by Milo as he wants to be able to help himself too.

Milo stated how much he enjoyed the assessment and took home with him a charity pot to be used at his grandmother's business and talked in depth about how he wanted to raise money at school doing non-school uniform days so that bibic can continue to help children like him. The scores from Milo's assessments outline that he has the ability cognitively to achieve what is expected of him when his needs have been accommodated to support with his sensory system and his ability to stay focused to be able to reach his full potential.

Since the assessment, the family have reported that they were so pleased they came to bibic because now they understand Milo which helps them to manage daily life. Due to this understanding Milo's behaviour has improved and home life is a lot easier for everyone. They still have their challenges; however, they are still at the early stages of their journey and we will see even more improvement as they continue on this journey.