



I often think back fondly of the summer of 2019 and the joyful assessment that I had with Eve and her parents alongside trainee therapist at the time Claire.

Eve came to the assessment with a known diagnosis of Autism Spectrum Condition with a demand avoidant profile and associated sensory processing difficulties. Eve was understandably anxious about being in a new environment, so her need to avoid demands was high, this meant as a therapist the strategies used had to be highly flexible and fun to reduce her anxieties.

Once these were in place Eve was a happy, confident, communicative child, and I'm sure that doing most of the assessment in the park across the road helped greatly. What I mainly recall is the fun that we had,

but also how difficult other environments must be for her when strategies were not in place, increasing her anxiety and behavioural responses.

Indeed, the hopes for the assessment at the time was to gain strategies to support Eve at home and school. Since then, the family have been on quite the journey gaining the support that Eve deserves, a process that has been only just completed since its start just after the bibic assessment.

Eve's parents have been in touch throughout the process, they have implemented every strategy on the bibic plan bar one which they are on the waiting list for! Their commitment to putting all the strategies in place and having a consistent approach for school as well means that there is a happier Eve in the world and that is what makes this job so special.