



Ruby came to bibic in 2021 at the age of eight with a number of difficulties which were affecting her daily life. The aim of the assessment was to find out where Ruby's difficulties lie and how we could provide support for her family to help Ruby reach her full potential.

Ruby presented as an extremely engaging, fun, and enthusiastic girl, and she was very eager to complete all of the activities presented during the assessment. It was clear throughout the assessment that Ruby felt very comfortable, and she spoke openly about her thoughts and feelings with me and her mother. During the assessment, we found out that Ruby is highly likely to have Attention Deficit Hyperactivity Disorder (ADHD), Sensory Processing Difficulties (SPD), visual perception difficulties and auditory processing difficulties.

Since having her assessment, I was so pleased to find out that there has been a number of improvements for Ruby since her parents have incorporated some of the strategies into her daily routine. Ruby has become increasingly happier in herself and is displaying more affection towards her family. Her mother said that Ruby has been giving her family lots of hugs, which is something she rarely did before.

Since implementing some of the sleep suggestions provided, Ruby is now sleeping much better during the night, and this has led to an overall improvement in her mood and behaviour. Sensory strategies have also been put in place for Ruby at school which has allowed her to keep her sensory system regulated throughout the day, meaning she can concentrate better during the lesson time. Ruby's mum stated that recently whilst wearing a sensory Body Sock, Ruby sat through a movie the whole way through, which previously she has always struggled to do.

It is fantastic to hear that Ruby is seeing positive improvements in her life and has already come so far in the short amount of time since the assessment. Ruby's mother is extremely thankful and pleased with the progress Ruby is making, and whilst there are still some areas of difficulty for Ruby to overcome, it is still very early days since the assessment, and I am looking forward to supporting Ruby and her family going forward.