

Abi

## Meet the Therapist

Hello, my name is Abi and I am a bibic Developmental Therapist. I started working for bibic in December 2023. My job entails working with children, young people and their families.

Together, we complete different activities to work out their strengths and difficulties. I then put together a list of strategies and techniques to support them in various aspects of their lives.

Before joining bibic I worked as a primary school teacher for 10 years. During my time teaching I worked in a variety of schools and had the privilege of working with many children and families from all sorts of backgrounds and abilities.

I loved working with children and enjoyed dedicating my time to support them with their learning.

I then moved from teaching to become an assistant area manager at a company that delivers after school science clubs, birthday parties and shows to primary aged children.

I had the opportunity to visit many different school settings and work with many different children during my time here.

It is an inclusive company that enabled me to continue to develop my skills to ensure that all children were able to access the activities in a fun and engaging way.

As much as I loved this role, I missed working closely with families and children. I have always been passionate about supporting children and ensuring they can thrive, so when the role of Developmental Therapist at bibic came up, I knew it would be a role that would give me this opportunity.

It is important to me that children and young people have a good understanding of themselves and are not labeled as a 'problem individual' due to circumstances that are out of their control. I believe that given the right support all individuals can achieve what they want to and bibic's holistic approach does this.

I love that every day at bibic is different. No two children, young adults or families are the same. I get to meet people from all walks of life and I really enjoy that I can help and support others.

When you meet me, you can expect a friendly smile and someone who will listen to you. I will strive to create an environment that is comfortable and open allowing children and families to share their experiences, worries and concerns with me.

One piece of advice I would give to families who are struggling is to trust your intuition. Be the advocate for your child as you know them better than anyone. There is help and support out there if you need it.