

bibic

Transforming lives through
developmental therapy



Jen

Meet the Therapist

Hi, I'm Jen, one of the Developmental Therapists at bibic. I joined the team in May 2023 and have thoroughly enjoyed having the opportunity to support families whilst learning more about the best ways to support individuals.

My job role involves meeting children and young people and using tests and activities to gain an understanding of their strengths and difficulties.

This is done by providing a safe and supportive environment where children and young people feel able to be themselves and to shine. I also explore any challenges they may be experiencing within their daily lives and help to consider the best way to support them with overcoming these challenges.

I have always been passionate about working with children and supporting them to be the best version of themselves. I started my career as a primary school teacher and after a few years of teaching I decided to explore other ways in which I could support children and young people.

It is important to me that children, young people and families are given the support and information to help them understand themselves and their children.

Since becoming a parent, I have a better understanding of how difficult it can be to find useful and supportive advice that makes you feel confident in knowing how best to support your child and their development. That is why I find the work that bibic does so valuable and important.

I love being a Developmental Therapist at bibic as it gives me the opportunity to meet and support so many amazing children and their families who up until their assessment have often felt misunderstood, however after their assessment feel like they have been listened to and have a better understanding of themselves or their child.

When working with you I will do my best to make you feel at ease, I will listen to your concerns and worries and help you identify and celebrate your strengths to make sure you can get the best support for you.

The one piece of advice I would give to families who are struggling is to look for the glimmers of positivity or the things you enjoy about your family life and try to include as much of those as possible into your daily life. Making sure we make time for the things we all enjoy can make the not so enjoyable moments that little bit easier to cope with.