

Activities for Early Years Development

Velcro gloves and ball



Riding a bike



Bat and ball games



Going to the park and balance activities



Building with any materials you find



Using pegs to pick up little objects, like pompoms



Threading pasta onto straws or string





Hammering golf tees into various objects

Using cutlery with playdough or Theraputty to develop manual strength



Drawing various shapes and placing coloured buttons or dot stickers along the lines

Creating patterns with beads and string



Using number lines outside for addition and subtraction sums



Use Lego to begin to learn measurements, start to make predictions and estimates



Use magnets to catch magnetic letters to spell words





Play twister and instead of colours use words to teach reading

Writing in different textures



Developing skills through play

When learning, it is important that children can play, this heightens their curiosity, drive and motivation to learn. It builds their confidence and makes things fun and accessible!

These are the main steps in which children learn when playing:

