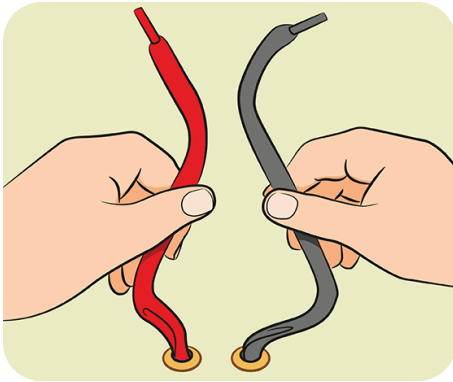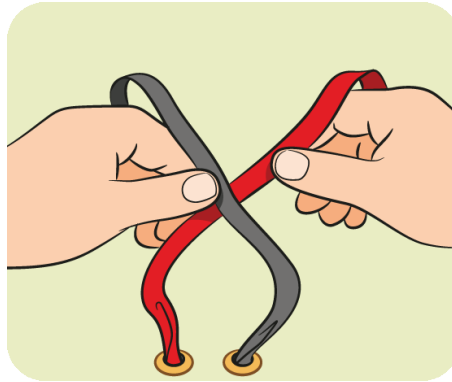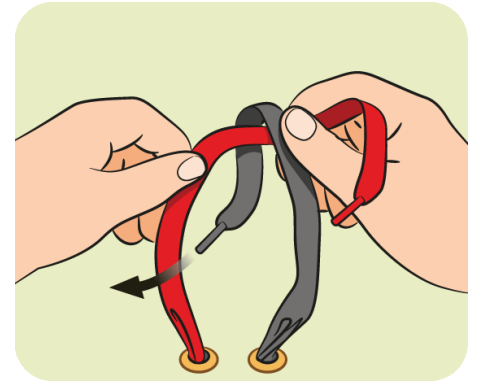# Tying Shoelaces

Bunny Ears Method

Step 1: Make the first knot.
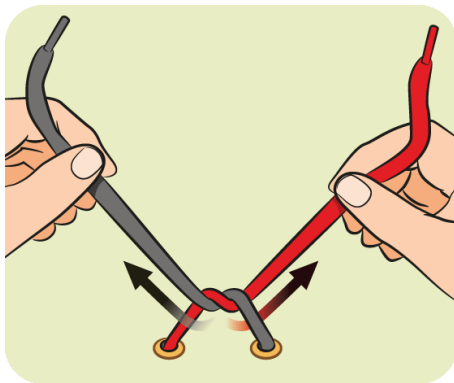
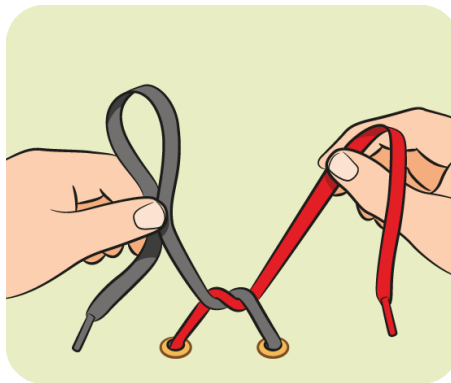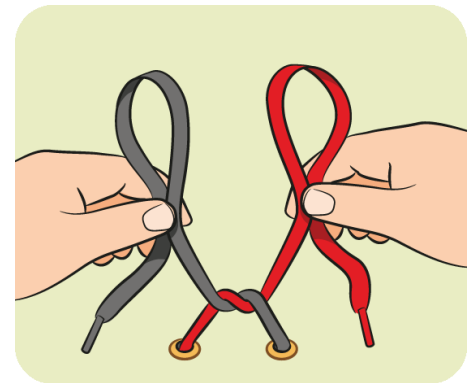| Have one shoelace in each hand. | Cross the black lace over the red lace halfway up. | Bring the end of the black lace over the red lace, then poke it underneath. |

Step 2: Make the bunny ears

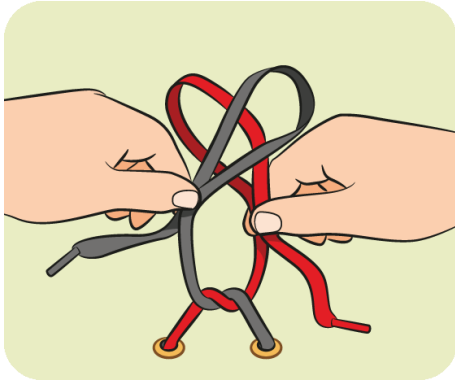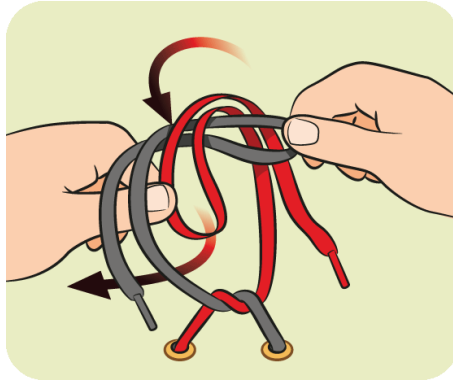| Pull the end of the laces tight, so the cross is closer to the shoe. | Make a small loop with the black lace, with a long tail. | Make a small loop with the red lace, with a long tail. Now you have 2 bunny ears. |

If you're still finding it fiddly, try threading the tails of the loops halfway through the eyelets. This means you won't have to hold the loops for the final knot!
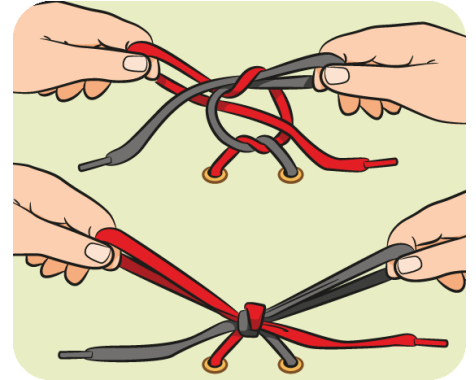
Step 3: Make the final knot

Cross the middle of the black loop over the middle of the red loop.

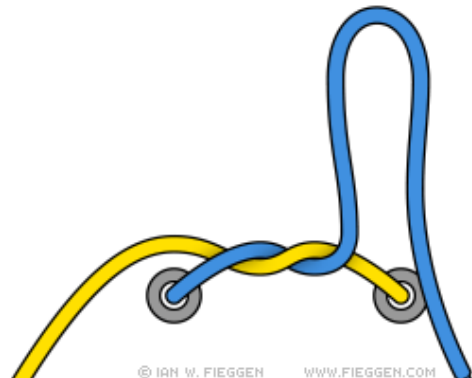Bring the top of the red loop over the black loop. Then poke it through the hole.

Put your fingers inside the end of the loops, hold on and pull tightly. Now you have tied your shoelaces!
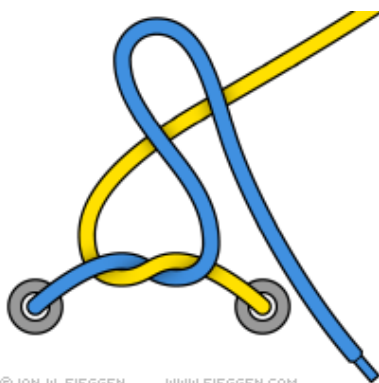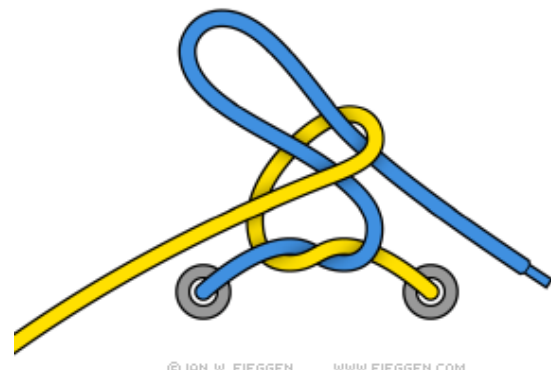
Standard shoelace knot Method

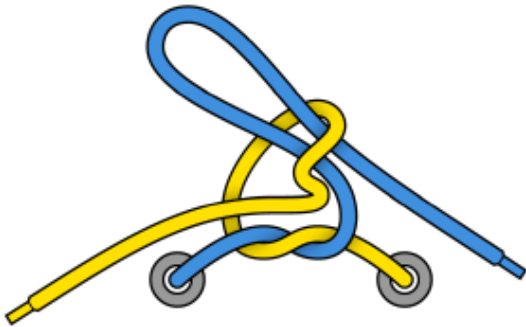**Step 1: Make the first knot** (see step 1 from 'bunny ears method').

Step 2: Make a loop with the blue lace.

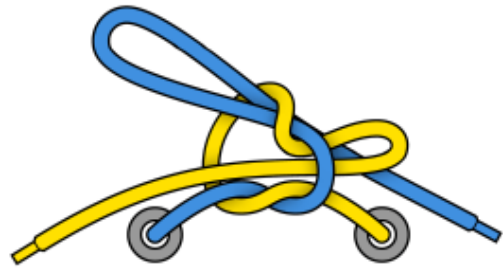**Step 3: Take the end of the yellow lace behind the blue loop.**

Step 4: Continue to bring the yellow lace around the blue lace, so that it is in front.

Step 5: Push the yellow lace into the 'hole' that has been created.

Step 6: Continue bringing he yellow lace through the back of the hole to form a loop.

Step 7: Grab both loops and pull tight to finish the knot

The circle technique

Step 1: Make the first knot
(see step 1 from bunny ears method)

Step 2: Make another knot, but don't tighten it

Step 3: Thread one shoelace end through the circle that has been created

Step 4: Thread the other shoelace end through the circle that has been created

Step 5: Pull the loops tight