



WORKSTATION USE WITH CHILDREN

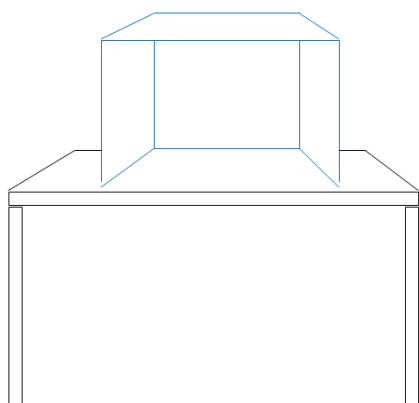
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Using a "workstation" can be beneficial for children who get distracted when working in a busy classroom. Children who are easily distracted can benefit from working in a "visually hygienic" environment. This means that they need to work in an area of the classroom that is less visually stimulating with a minimum of visual distractions. Workstations can also benefit children who would benefit from reduced auditory stimulation.



A simple and effective workstation can be easily made by creatively adapting a sturdy cardboard box.

This workstation does not need to be used all the time, but a child can be directed there when it is time to do focussed work such as writing or number work.



- Make a shield around 3 sides of the desk plus a side to be a ceiling for the workstation. This will mean that when a child is working in this environment it is difficult to be distracted. Any heavy weight cardboard can be used such as old cooker boxes etc.
- A visual timetable or list of activities could be stuck on the inside of the shield so the child is able to predict what they will be expected to do when they have completed their task.

Any material that a child is asked to copy can also be fixed to the inside of the workstation. This will mean that he/she need not copy from the class board, as this may be difficult for a child who is easily distracted.

Notes:

